We Are Here to Support You During the Pandemic
Hudson County Department of Health and Human Services

ARE YOU A SENIOR 60+?
The Office on Aging can help you access:
• Home-delivered meals/bagged groceries
• Certified home health aide assistance
• Transportation to doctors’ appointments
• Virtual physical activity classes through Zoom and YouTube
• Daily wellness phone calls
• Telehealth appointments with doctors
CALL 201-369-4313

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP) – MEDICARE HELPLINE
CALL 201-369-5280 ext. 4259 or 4258

ARE YOU A PERSON WITH A DISABILITY UNDER 60?
The Office of Disability Services can help you access the following if you are eligible:
• Home delivered meals/groceries
• Certified Home Health Aide assistance
CALL 201-369-5280 ext. 4256, 4213 or 4142

ARE YOU A VETERAN?
The Office of Veterans Affairs can help you access:
• Services for Veterans and Families Programs including rental assistance
• Home delivered meals and groceries
For SECAUCUS VET CENTER Counseling
CALL 201-223-7787

DO YOU NEED HOUSING/ SHELTER OR FOOD ASSISTANCE?
The Office of Specialized Health and Housing Services funds the following services through the identified agencies:

Homeless Services
• Case Management Services/Outreach/Coordinated Entry: Call Garden State Episcopal @ 201-604-2600
• Prevention Services: Call North Hudson Community Action Corporation @ 201-210-0200 or BEOF @ 201-437-7222
Food
• Emergency Food assistance for eligible families or “Meals to Go” while supplies last: Call Let’s Celebrate Inc. @ 201-433-5438

Other Resources
• National Suicide Prevention Lifeline: Free and confidential 24/7 support for people in distress: CALL 1-800-273-8255
• NJ Mental Health Cares: Free and confidential emotional support 8am-8pm/7 days a week: CALL 1-866-202-4357
• IME Addictions Access Center 24/7 hotline for substance use treatment inquiries and options near you: CALL 1-844-276-2777

DO YOU & YOUR CHILDREN NEED SUPPORT?
CALL PERFORMCARE @ (877) 652-7624 for mental health and addiction services and services for children and youth with intellectual and developmental disabilities
• 2ndFloor Youth Helpline provides confidential support via calls or text messages for youth CALL 888-222-2228
• FAMILY HELPLINE provides parent support during times of stress: CALL 1-800-THE-KIDS (843-5437)

Other Resources
• CALL FAMILY HELPLINE @ (888) 222-2228
• CALL 2-1-1 for information

ARE YOU A PERSON LIVING WITH HIV/AIDS?
The Office of Specialized Health and Housing Services funds the following services through the identified agencies:
• Triage, nursing and monitoring of patients who have tested positive for COVID-19: Call Hoboken University CarePoint Health – Ryan White Program @ 201-418-1000.
• Confidential Telehealth visits (clinical assessments and medication refills) for persons living with HIV/AIDS: Call Hoboken University CarePoint Health – Ryan White Program @ 201-418-1000.

CALL 201-369-5280 ext. 4230 or 4257 for additional assistance.

DO YOU NEED ASSISTANCE WITH MENTAL HEALTH & ADDICTION SUPPORT?
The Office of Behavioral Health and Addiction Services can provide assistance linking to these services.

Other Resources
• CALL 2-1-1 or visit www.NJ211.org for additional assistance.

ARE YOU A SENIOR OR A PERSON WITH A DISABILITY THAT NEEDS TRANSPORTATION?
TRANSCEND transportation services are operating for Hudson County residents age 60 and over or disabled. Limited service and capacity currently. Clients are required to wear a mask or face covering.

TO MAKE A RESERVATION CALL (201) 369-4320 PRESS #2

Hudson County Executive Thomas A. DeGise & The Board of Chosen Freeholders